

Welcome to Academy of Vision and Learning, Optometric vision therapy

Thank you for choosing our office for your vision care. You will soon be coming for a functional vision evaluation. This evaluation includes tests for glasses prescription, eye coordination and eye tracking and other visual concerns base on your history. The appointment should last 1.5 hour.

We work closely with your primary eye doctor to deliver the best vision care. If you had an eye exam before, please have your eye doctor fax the medical record to our office at 203 738-0523.

Please fill out the enclosed history forms and the symptoms checklist as accurate as possible before the appointment. Because this information is very important to make treatment plan later. You may email or fax it to us prior to your appointment or bring it with you. Copies of previous evaluation and reports may be faxed or brought with you.

Please bring any eyeglasses and/or contact lenses prescription with you.

Insurance and payment

In order to provide this premium individualized program of vision care, our office is not affiliating any insurance plan and provide service on a private pay basis only. The fee for the testing is \$285. This fee also includes consultation and report. Payment will be expected in full at the time of service. Your insurance plan may cover the services and we encourage you to seek reimbursement. We will provide you with a detailed receipt to submit to your insurance company. You may also use your Flexible spending account and Health saving account for the service.

Reasons for the appointment (check all, which apply)

____work related vision problem

____eye teaming problem (turned eye lazy eye)

____myopia control/reduction

____sports vision enhancement

____vision problems after brain injury

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HISTORY FORM FOR BINOCULAR VISION PROBLEMS

| Please provide the following information as completely as possible. Use the back side of |
|--|
| page if needed. |

| Name (Last, First, MI) | D | ОВ | Date: |
|---|------------------------------------|------------------------|--------------------------|
| Address | | | |
| Phone number: | E- | mail: | |
| Occupation | _ if you are in sc | hool, which sc | hool |
| How did You Hear About us? | R | eferred by | |
| Primary care physician Name/Address | | | |
| Last physical examination | | Aller | gies |
| Present medications | | - | |
| Last eye examination Ar | ny eye injury or | eye surgery? | |
| Any family members have vision problem | ms? | | |
| Present Situation: | | | |
| What do you expect to find out from the | exam? | | |
| Do you have any special concerns regard | ling your vision? | ? | |
| Is there any history of head injury, falls, If so please describe. | accidents or seri | ous wounds in | the head/neck/back area? |
| Lifestyle information: | | | |
| Do you spend time on a computer? Are you sensitive to light, glare, reflection Are you participate in sports? Yes No Do you read for pleasure? Yes No Do you spend time using small screen de | on? Yes No Comments Comments | Comments hone, tablet) | hours/day |

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Visual History

In what way do you seem to have visual difficulty?

| How long has visual difficulty been noticed? | | | | | |
|--|------------------------------------|---|-----------------|--|--|
| Has anyone noticed an eye turn in or wander out?Which? | | | | | |
| Do you ever experience: | Headaches | | | | |
| | Double Vision Yes No When? | | | | |
| | Blurred Vision Far Yes No When? | | | | |
| | Eyes hurt or tired yes No When? | | | | |
| Have you ever noticed: | Blurred at Nea | ar \Box Yes \Box No When? | | | |
| Holding reading close? □Yes | s □No | Tilting head when rea | ading? □Yes □No | | |
| Holding reading further away? □Yes □No | | Bothered by light? □Yes □No | | | |
| Closing one eye? □Yes □No | | Inability to see distance objects? □Yes □No | | | |
| Covering one eye? □Yes □No | | Bumping into objects? □Yes □No | | | |
| Eyes frequently reddened? □Yes □No | | Poor general coordination? □Yes □No | | | |
| Frequent styes? □Yes □No | | Excessive eye rubbing? □Ye | s ⊐No | | |
| Get lost in book? □Yes □No | | Have you ever had vision therapy? □Yes □No | | | |
| Has there been previous visual care? Doctor's Name Approx | | _ If so, please detail below: ximate Date | diagnosis | | |
| conditions. | vho have any vi Age (now) | sual conditions, learning prob Visual, learning or medical c | | | |

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Academy of Vision and Learning, Optometry Qiaoqiao Wang O.D., Ph.D

Your Health History

How is your general health? □Excellent □Good □Fair □ Poor

Did you have Traumatic Brain Injury or Stroke or concussion

Yes
No

How is your diet? □Healthy and balanced diet □Poor and need to improve

Please check the conditions that apply to you or that run in your family:

| Systemic Disease/Condition | | | Ocular Disease/Condition | | | | |
|----------------------------|----------|----------|---------------------------------|------------------|----------|-------|--------------|
| Y | es | No | Relationship | | Yes | No | Relationship |
| Arthritis | | □ | | Lazy eye | | | |
| Diabetes | | □ | | Turned eye | | | |
| Rheumatoid Arthritis | | □ | | Color "blind" | | | |
| Fever | | | | Light sensitive | | | |
| Weight loss/gain | | | | Eyestrain | | | |
| Cancer | | □ | | Dry eyes | | | |
| Diabetes | | □ | | Floaters/spots | | | |
| Drug sensitive | | □ | | Flashing lights | 5 🗆 | | |
| Elevated cholesterol | | □ | | Retinal detach | ment | | |
| Heart problem/disease | | | | or retinal disea | ıse□ | □ | |
| High blood pressure | | | | Blindness | | | |
| Thyroid | | □ | | Macular Dege | neration | n 🗆 🔄 | |
| Migraine or Headache | S □ | □ | | Cataracts | | □ | |
| Skin (acne, cancer) | | □ | | Crossed Eyes | | □ | |
| Gastrointestinal | | □ | | Glaucoma | | □ | |
| Urogenital (kidney, bla | adder) | | | Head trauma | | □ | |
| Neurological (MS, seiz | zures) | | | Eye surgery | | □ | |
| Psychiatric (depression | n, etc.) | | | | | | |
| Respiratory (asthma, b | ronchi | tis, emp | hysema) □ | □ | | | |

Is there any other information that would be helpful/important in our evaluation or treatment of your vision?

As you complete this history questionnaire you will recognize the thoroughness with which your problem will be considered. The office examination will take up enough time to permit a very complete optometric investigation of any problem. I am looking forward to meeting you and helping you meet your visual needs.

I authorize the release of medical and/or other information pertinent to my care to the other providers who referred me.
Signature: _____ Date: _____

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Insurance Plans

Please note, Dr. Wang is not affiliated with any insurance plan and provides service on a private pay basis only. Payment is expected in full at the time of service. Check, cash, or credit card accepted. Your insurance company may cover our services and we encourage you to seek reimbursement. We will provide you with a detailed receipt you may submit with your insurance claim.

| Signature: | Date: | |
|-------------|-------|--|
| Signatur C. | Date | |

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